



MEDIA

MEDIA 2022 has been produced by Year 13 students: Beth, Chloe, Ciara, Connie and Grace. Please let us know what you would like to see in the next edition of MEDIA, we can be contacted at umaguire998@c2kni.net.

OLSPCK eBulletin

SPRING TERM - ISSUE 24

April 2022

OUR LADY AND ST PATRICK'S COLLEGE, KNOCK

IMPORTANT DATES

Easter Holidays

Thursday 14th April - Friday 22nd April
(Inclusive)

May Holiday

Monday 2nd May 2022

Spring Holiday

Thursday 2 June 2022 – Friday 3 June 2022
(Inclusive)

End of Term

Year 11 Tuesday 28th June 2022
Years 8, 9 and 10
Wednesday 29th June 2022 at 12.00

Year 8 to Year 10 Summer Exams

Wed 25th May – Tues 31st May
(inclusive)

SUMMER 2022 EXAM RESULTS

Results can be collected from the
College between
8.30am and 11.00am.

AS/A2 Results Thursday 18th August
GCSE Results Thursday 25th August

Any results not collected will be
posted home.

Unfortunately, we cannot give results
out via telephone or email.

All dates and instructions are subject to change please check the
College website and CCEA for the most up to date information.

A massive thank you to our entire College Community
for your kindness and generosity for the
Disasters Emergency Committee Ukrainian Appeal:



UKRAINE HUMANITARIAN APPEAL

We raised:

£12,400

This is simply an amazing achievement,

Well done!

Ms Michaela Collins



**EAST
SIDE
LEARNING**



COMING OUT OF COVID: UNDERSTANDING TEENAGE BEHAVIOUR AND RE-ESTABLISHING BOUNDARIES

A FREE series of webinars with Child Psychologist Dr Nock for parents of
post-primary children.

Webinar 1 • Risk Taking and the Teenage Brain Tuesday 26th April at 6-7pm

This webinar will discuss

- Why teens take risks
- Common risky behaviour
- Encouraging safe risk taking
- Strategies for managing risk taking

Webinar 2 • Lines in the Sand: Re-establishing Healthy Boundaries Tuesday 3rd May at 6-7pm

This webinar will discuss

- Why and how has the pandemic affected boundaries?
- Challenges in setting boundaries with teens
- Healthy relationships and boundaries
- Encouraging autonomy

<https://forms.gle/REKKpzkYujWyFUQ8>

DELIVERED BY JENNIFER NOCK -TRAINER, CONSULTANT AND CHILD PSYCHOLOGIST
WWW.JENNIFERNOCKTRAININGANDCONSULTANCY.COM

To register click [here](#) and fill out this form. Email
rachelskillen@eastsidepartnership.com for any queries



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College Twitter Accounts

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@OLSPCKCareers
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@OlspscComputing
OLSPCK Computing Department

@OlspscD
OLSPCK DRAMA

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OLSPCK HE DEPARTMENT

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OLSPCK Languages

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OLSPCK PE

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UN YOUNG AMBASSADOR

Check out our Virtual Open Day. Staff and students share their insights into the #teamknock community. To get involved go to <https://www.knock.co.uk>

VIRTUAL OPEN DAY



UKMT Certificates



UKMT Senior Prize Winners

Congratulations to our certificate winners: David Shields (Best in School), Matthew McGouran, Abbey McNally, Matthew Doran, Cathair Shearer, Patrick Dynan, Lucy O'Rawe and Miriam George.
Mrs O'Callaghan



Spanish

GCSE Spanish
Speaking examinations

Tuesday 26th April and
Wednesday 27th April

AS Spanish
Speaking examination

Monday 9th May

German GCSE



German GCSE Speaking Exam will take place on **Monday 25 April**.
This unit is worth 25% of the GCSE.
Students should arrive promptly at the beginning of their session.
Viel Glück!



Shared Threads



Mrs Garland and Mrs Murray have set up a new group in school called Shared Threads, which is an organisation which makes period packs and promotes awareness of female health and menstrual education to women and girls in developing countries. The initiative is that of Kirsty King, an art teacher from Belfast. Her workshop is based in Portview Trade Centre, and she works with NGOs in India to ensure that the packs, which are made from recycled products by volunteers, are delivered alongside education. Most recently, packs have been sent to Uganda with the charity 'Share Uganda', which is affiliated with Queen's University. In March, as a way to mark International Women's Day, Kirsty researched how to help refugees fleeing Ukraine. She discovered 'The Joy Foundation' who are running a refugee centre in Northern Poland, and with a monumental effort, Shared Threads groups throughout Ireland made 1,350 packs which were delivered to the camp for Ukrainian women and girls. Each pack contains a handwritten card, many of which were decorated with a sunflower, the symbol of Ukraine.



In our group here at OLSPCK, we have been cutting material for the products and Mrs Murray has been teaching both Mrs Garland and the pupils how to use the sewing machine. Even pupils who are unable to attend the group in school, have been making pads at home and collecting fabric. It has been wonderful to see such a warm response and we hope to make enough pads to fill 30 packs by the summer.

BIOLOGY REVISION RESOURCES on Microsoft Teams

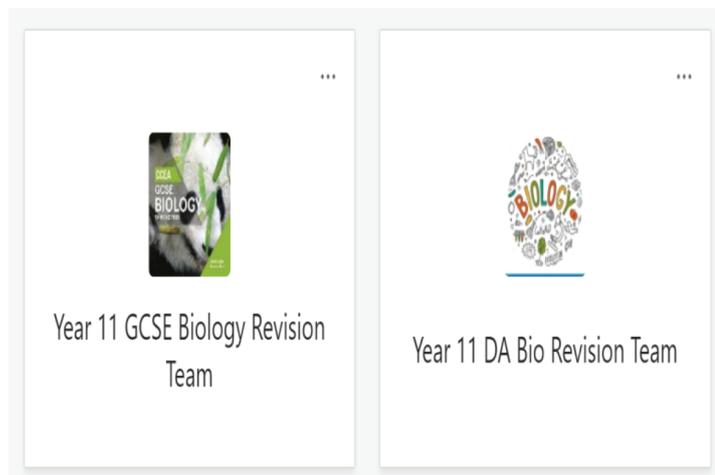
The Biology Department have been working hard to support Year 11 Students with their exam preparation.



A dedicated Revision Team is available for our Double Award and GCSE Biology students, providing access to a variety of bespoke resources to support preparation for the upcoming Unit 1 Biology modules.

We hope you find it useful.

#teambiology



PTA UPDATE

Dates for your diaries

The fundraising activities of the PTA have been somewhat restricted over the past two years due to Covid, but with life slowly returning to some kind of normality, we are delighted to announce that OLSPCK PTA is back with a “bang”!!

The focus of our fundraising over the next year is to raise the money for a new College minibus.

With a predicted cost of £75K that’s a lot of money to raise. But with the success of our recent efforts, The Target 35 Challenge, The Lockdown Quiz and our Family Fun Run at LetsGoHydro most recently last November, we are confident that the OLSPCK community will be firmly behind us in our bid to buy that bus!

With social dairies beginning to fill up, we thought we should give you some advance notice of PTA events you won’t want to miss.



Annual Spring Draw

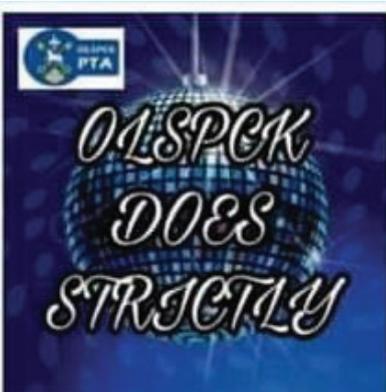
A £500 top prize and 5 prizes of £100 are up for grabs!! Tickets @£5 each on sale from 11th April until 20th May. Watch out for tickets coming home by pupil post.



Ladies Lunch

Our hugely successful fundraiser is back. This time we will be dining at **The Four Winds Inn on Saturday 21st May 2022.** Tickets @ £30 each go on sale shortly. Watch for details on Parentmail.

Book early to avoid disappointment!! Numbers limited!!



OLSPCK does "STRICTLY"

And finallywe are delighted to announce that OLSPCK will be “STRICTLY COME DANCING” this autumn at the La Mon House Hotel on Saturday 26th November! **Save the date!!**

College Staff have already been signed up to dance. (Identities of the dancers to be revealed at a later date.) Our next step is to recruit dancers from the wider College Community.

To register your interest in dancing or if you would like to sponsor an advertisement in the Strictly Programme, please contact **Bernie Sweeney@07983511588.**



Congratulations to Cúán Ó Meachair who won £100 Victoria Square Voucher. The PTA want to thank Victoria Square for donating it.

OUR LADY AND ST PATRICK'S COLLEGE, KNOCK



Sunflower Prayers for Peace in Ukraine



Displaying sunflowers, Ukraine's national flower has become one of the many ways the world is showing solidarity for the plight of the Ukrainian people. Throughout Ukraine's history, the flower has been used as a symbol of peace

In recognition of this, and to pray for the people and their homeland, our junior students made sunflower posters in Religion class using a cut out of their hand as a petal on which they wrote a prayer of intercession for peace, with a special focus on the children. The sunflower prayer became an expression of the desire for peace, not just in Ukraine but also the rest of the world.



OUR LADY AND ST PATRICK'S COLLEGE, KNOCK



With our hearts aching for what is happening in Ukraine, let us not forget wars in other parts of the world, such as in Yemen, Syria, Ethiopia... I repeat: May weapons be silenced! God is with peacemakers, not with those who use violence.

Franciscus
#PrayTogether #Ukraine



POPE JOHN PAUL II AWARD

Congratulations to Conor, Emma and Eoin on achieving the Gold John Paul II awards. We are very proud of them.



Trócaire Fundraising 2022



OUR YEAR 8 STUDENTS REALLY ARE THE BEE'S KNEES

Texture and Tone

In Year 8 students explore the Elements of Art, their focus for this exercise was Tone and Texture. Students began by creating different textures resulting in these outstanding observational drawings of bees. Students explored using pen and drawing pencil to show a range of tones and textures.



Grace Harkin 8⁸



Jingsong Hou 8⁸



Olivia Toner 8⁷



Kitty May McCoubrey 8⁷



Niamh Neill 8⁷



Mollie McGrath 8⁷



Riley Moore 8⁷



Lily Gibson 8⁸



Maddie Worthington 8⁷

OUR LADY AND ST PATRICK'S COLLEGE, KNOCK

Careers Information for Parents and Students

OLSPCK eBulletin

Careers

April 2022



Parents and Students

A range of careers information is available to all students on the NI Careers Service Website. www.nidirect.gov.uk/careers

Updated information on the NI Skills Barometer can also be found at: <https://www.economy-ni.gov.uk/publications/northern-ireland-skills-barometer-2021-update>

Information for Year 14

Time to reply to UCAS offers!

As all students applied before 26th January, all university decisions will be made by 19th May.

Students who do not receive any offers can apply to additional courses through UCAS Extra which is available until 5th July. Any students, who wish to know more about this, speak to your Careers teacher.

2022 entry cycle

Last decision by: 19th May 2022

Your reply deadline is: 9th June 2022

Make decisions wisely. Choose your Conditional Firm offer from the course you would most prefer to study, providing you can achieve the entry requirements. Your Conditional Insurance offer should be used as a 'back up' if you achieve lower grades than you expect but make sure it is still a course or university where you want to study.

It is not advisable to be holding two offers with the same entry

requirements.

If you have received an Unconditional Offer, think carefully before accepting it.

Check out the UCAS website for any additional information: www.ucas.com

Student Finance

All Year 14 students and parents were emailed information regarding Student Finance on 16th March. Applications for Student Finance should be done online at: www.studentfinancenl.co.uk

If applying for Student Finance, application forms and evidence should be submitted by 8th April to insure funds are available when your course starts. Applications after this date, will still be accepted but there may be a short delay receiving allocated finances. When applying to university, all students are eligible to apply to Student Finance to receive Grants and/or Loans from Student Finance NI.

For more information regarding Student Finance, go to: www.studentfinancenl.co.uk/student-finance-explained

Information for Year 13

All Year 13 students attended the UCAS Higher Education Exhibition on the 9th March, giving students the opportunity to speak to universities from the UK and Ireland. A number of university talks have already taken place in the College this year and hopefully more will occur in September. I would encourage students to attend university Open Days of the universities of interest. Go to www.opendays.com or any university website to find Open Days across the UK and Ireland.

All students will have the opportunity to attend QUB, Ulster University and St Mary's University Belfast Open Days in September 2022. Various information events for both parents and students will occur throughout the year. These can be found on each university website and I would encourage you to attend, if possible. Students should continually check their school email account for additional events.

UCAS 2022-23

In September 2022, the Careers Department will host a UCAS Information Evening to help parents understand the process and help prepare their son / daughter for the year ahead. Preparation for UCAS application 2022-23 will be ongoing in class and can also be done at home. Students should also look at the following websites:

<https://www.ucas.com/undergraduate/applying-university/writing-personal-statement/how-write-personal-statement>

<http://search.ucas.com>

www.thecompleteuniversityguide.co.uk

<https://www.informedchoices.ac.uk/>

Work Experience

Unfortunately, the situation regarding Work Experience has not changed as we are still unable to provide indemnity (insurance) for students to be on placement. Alternatively, students can arrange Virtual Work Experience. Many students have already completed a range of virtual events and have found them to be very beneficial. I will continue to email students about virtual events, so it is essential that they regularly check emails for any future opportunities. There are many organisations / websites that provide Virtual Work Experience. You might find, the following websites useful:

www.speakersforschools.org

www.springpod.com

<https://students.careersandstuff.com/home>

Oxbridge, Medicine, Dentistry and Veterinary Science

Students applying to Oxbridge, Medicine, Dentistry and Veterinary Science must be aware that UCAS applications must be completed in advance of UCAS deadline of the 15th October 2022. There will be a number of meetings for students to discuss their application to these courses. Students should make sure that they are preparing fully for these very competitive courses, by showing initiative in their independent learning around their chosen subject.

UCAT Key Dates

Registration for UCAT opens on 20th June and closes on the 22nd September. Go to <https://www.ucat.ac.uk/about-ucat/ucat-test-cycle/> for the latest information regarding testing dates.

Information for Year 12

All students have completed their one to one interview with the College Careers Advisor and should have received a copy of their Action Plan. Students also need to complete and submit their Personal Career Plan (PCP) to their Careers teacher by the end of this term. This PCP will form part of their Progress File. Year 12 students should also be researching possible career plans. This can be done using Career Ideas and A-Z of Careers, available via My School at home or in school and Higher Ideas available only in school.

Post 16 Opportunities:

Information on Apprenticeships and Higher Apprenticeships will be distributed to students via tutor groups, Careers classes and school email. If you are considering a different career pathway after completing your GCSEs be sure to seek advice from your Careers teacher before the end of the year. Applications for SERC and BMET are currently open. Go to the following websites:

www.serc.ac.uk

www.belfastmet.ac.uk

If you have any questions, please feel free to contact the Careers Department.

J Davey

Head of CEIAG